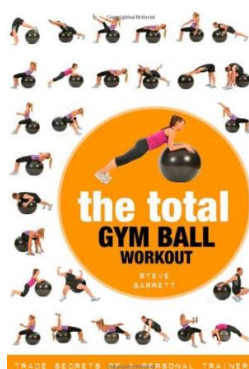


The Total Gym Ball Workout: Trade Secrets of a Personal Trainer



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