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PALEO DIET BOX SET: 100 DELICIOUS PALEO AND PALEO SMOOTHIE RECIPES FOR WEIGHT LOSS AND OPTIMUM HEALTH (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Paleo Diet Box Set (2 in 1) Paleo Diet: 50 Easy and Delicious Paleo Recipes for Weight Loss If you want to lose weight, have more energy and feel amazing then the Paleo diet is for you! The Paleo diet is inspired by the diet of our ancestors during the caveman era. Fueled by modern...

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- Authored by Amanda Hopkins
- Released at 2015



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