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## Lows, Highs and Balti Pies: Manchester City Ruined My Diet

By Steve Mingle

The History Press Ltd. Paperback. Book Condition: new. BRAND NEW, Lows, Highs and Balti Pies: Manchester City Ruined My Diet, Steve Mingle, Lows, Highs and Balti Pies comprises vivid, colourful and highly individual recollections of City's most memorable games over the past 37 years. One hundred matches are featured, starting with a 5-2 drubbing of Sheffield United in 1967 and ending with the 4-1 triumph in the first derby at the cursed City of Manchester Stadium. Not all of the games in between provided quite as much pleasure. The book contains affectionate portraits of the City greats down the years, together with forthright appraisals on the rich assortment of blundering buffoons which the club has seen fit to inflict upon its famously loyal supporters. However, even when describing the club's darkest moments and the individuals responsible for them, humour is never far away - be it biting, dry, self-deprecating or just plain daft. This approach captures perfectly the essence of what it is to be a City fan. The book also embraces diverse elements of popular culture over the period. Musical reference points abound, whilst the likes of Sid Waddell, Curly Watts, Ian Hislop, Tony the Tiger and Cyanide Sid...



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