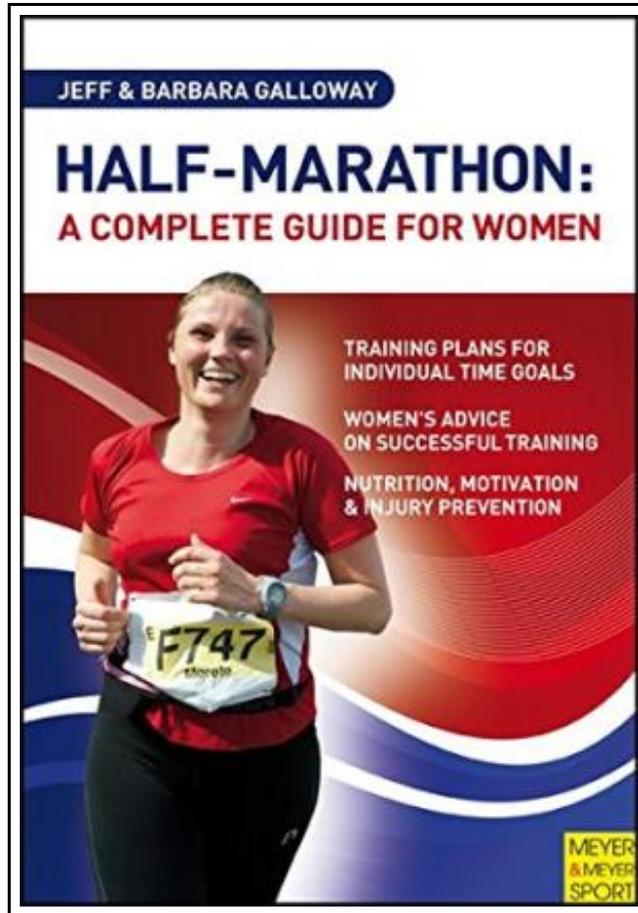


## Half-Marathon: A Complete Guide for Women



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